

ADULTS SUMMER PROGRAM 2016



Monday

- 6:00-9:00 am Free Coffee! (Beach)
- 8:30 am Stretching
- 9:30 am Papiamento lesson
- 11:00 am Pool Aerobics
- 1:00 pm Bingo Time! (Pool deck)
- 2:30 Pm Tanning contest (Pool Deck) ☀️
- 3:30-4:30 pm Free Coffee! (Beach)

Tuesday

- 6:00-9:00 am Free Coffee! (Beach)
- 8:30 am Abs and Gluts
- 9:30am Dance Lesson
- 11:00 am Pool Aerobics
- 1:00 pm Bingo Time! (Pool deck)
- 2:30 Pm Name that tune(Pool Deck) ☀️
- 3:30-4:30 pm Free Coffee! (Beach)

Wednesday

- 6:00-9:00 am Free coffee! (Beach)
- 8:30 am Chair Stretching
- 9:30 am ZUMBA (Teens Club)**
- 11:00 am Pool Aerobics
- 1:00 pm Bingo Time! (Pool deck)
- 2:30 Pm Military position (Pool deck) ☀️
- 3:30-4:30 pm Free Coffee! (Beach)

Thursday

- 6:00-9:00 am Free Coffee! (Beach)
- 9:00 am Stretching
- 10:00 am Pilates
- 11:00 am Pool Aerobics
- 1:00 pm Bingo Time! (Pool deck)
- 2:00 Pm Minute to Win it games. ☀️
- 3:00 pm Dance Lesson
- 3:30-4:30 pm Free Coffee! (Beach)

Friday

- 6:00-9:00 am Free coffee! (Beach)
- 8:30 am Ball Workout(Teens Club)**
- 9:30 am ZUMBA (Teens Club)**
- 11:00 am Pool Aerobics
- 1:00 pm Bingo Time! (Pool deck)
- 3:30-4:30 pm Free Coffee! (Beach)
- 4:00-6:30 pm Karaoke (The Beach Bar)

Saturday

- 6:00-9:00 am Free Coffee! (Beach)
- 12:00 pm Bingo Time! (Pool deck)
- 3:30-4:30 pm Free Coffee!
- 4:00 pm Mass (Royal Palapa)

Sunday

- 6:00-9:00 am Free Coffee! (Beach)
- 3:30-4:30 pm Free Coffee!

These summer games expire end of August 2016 and we will continue with the regular Adult Activities Program.

For additional information please contact the Activities Department. Dial #866

Games indicated with - ☀️ - are for Adults Ages 18+ Only

** Bring your own towel ## Reservation Required